# **Academic Program Description Form**

University Name: Tikrit University

College/Institute: College of Physical Education and Sports Sciences

Department: Individual Sports Branch

Academic or Professional Program Name: Bachelor of Physical Education

Final Degree Name: Bachelor of Physical Education and Sports Sciences

Study System: Annual

**Date of Description Preparation: 17/09/2024** 

Date of File Completion: 17/09/2024

Signature:

Head of Department: Assoc. Prof. Dr. Audey Mahmoud Zahmar

Signature:

Scientific Assistant: Prof. Dr. Hamid Ahmed Mohammed

Date: 17/09/2024

File Reviewed by:

Quality Assurance and University Performance Division

Name of Quality Assurance and University Performance Division Director:

Assistant Professor Dr. Osama Lutfi Jassim

Date: 2024

Signature:

Dean's Approval

Signature:

Assoc. Prof. Dr. Abdullah Mohammed Tayawi

مبنة الدينة الدينة عمر طياً وي Date: 2024

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## 1. Program Vision

Enhancing the quality of life in society through scientific and professional achievements in physical activities, sports, and recreation, which impact all segments of society. The College of Physical Education and Sports Sciences aims to develop knowledge related to physical activities, sports, and recreation, applying them by creating a high-quality educational environment that upholds Islamic values and principles. The goal is to achieve excellence in preparing specialists in physical education, sports management, sports sciences, and recreation, qualifying professional leaders and researchers to work in various community institutions and providing specialized services to different sectors to improve the quality of life for all individuals.

## 2. Program Mission

Our college's mission is educational, scientific, professional, and academic, specializing in the fields of physical education and sports sciences to prepare and train specialized teachers in physical education and sports sciences, in addition to their leading role in the sports movement within society.

# 3. Program Objectives

- 1. Preparing male and female teachers in physical education and sports sciences for various educational levels (Bachelor's, Master's, and Doctorate) with educational and scientific preparation in teaching, training, organization, and administration in physical education, health education, and recreation.
- 2. Utilizing modern scientific methods in teaching, training, authorship, and research.
- 3. Conducting educational and scientific research that contributes to the quality of the educational process and presenting it to relevant institutions.
- 4. Developing the sports movement for all segments of the population in cooperation with sports institutions.
- 5. Contributing to the development of physical education and sports sciences programs in society.
- 6. Paying attention to individuals with special needs, supporting this social group,

and working to meet their physical, skill-related, psychological, and social needs.

## 4. Program Accreditation

Is the program accredited? If so, by which organization?

### 5. Other External Influences

- 1. Educational and sports policies
- 2. Technological advancements
- 3. Economic and financial factors
- 4. Society and culture
- 5. Health and environmental developments
- 6. Global sports advancements
- 7. Legislative and legal changes

## 6. Program Structure

| Year/Level | Course Code or<br>Name | Course<br>Name | Credit<br>Hours | Theoretical | Practical |
|------------|------------------------|----------------|-----------------|-------------|-----------|
| Annual     | Football               | Football       | 2               |             |           |
| Annual     | Basketball             | Basketball     | 2               |             |           |
| Annual     | Volleyball             | Volleyball     | 2               |             |           |
| Annual     | Handball               | Handball       | 2               |             |           |
| Annual     | Futsal                 | Futsal         | 2               |             |           |

| 7. Program Description     |                   |              |                |       |  |  |
|----------------------------|-------------------|--------------|----------------|-------|--|--|
| Program Structure          | Number of Courses | Credit Units | Percentage (%) | Notes |  |  |
| Institutional Requirements |                   | 1== 254=, 25 |                |       |  |  |
| College Requirements       |                   | 4            |                |       |  |  |
| Department Requirements    | 5                 | 10           |                |       |  |  |
| Summer Training            | None              | 100          | 0.00 1.8       |       |  |  |
| Other                      | None              |              |                |       |  |  |

## 8. Expected Learning Outcomes

## Knowledge

- 1. Deep understanding of sports sciences and physical education concepts.
- 2. Practical teaching and coaching skills.
- 3. Ability to assess and provide personal coaching guidance.
- 4. Research and analytical skills in sports education.
- 5. Social interaction and cultural diversity awareness.
- 6. Leadership and teamwork development.
- 7. Awareness of health and physical fitness importance.
- 8. Communication and interpersonal skills.

#### **Skills**

- 1. Teaching and coaching skills.
- 2. Effective communication skills.
- 3. Planning and organizational skills.
- 4. Leadership and motivation abilities.
- 5. Analytical and assessment skills.
- 6. Public relations and marketing skills.
- 7. Biomechanical and physical training skills.
- 8. Sports management and organizational skills.

## Assessment Methods

| Daily exams |  | Midterm exams  |  |  |
|-------------|--|--|--|--|
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| Oral exams  |  | Practical exams  |  |  |
|             |  | C 1 S. 187.  |  |  |
| Final exams |  |  |  |  |
|             |  | - parker 1   |  |  |

# 9. Teaching and Learning Strategies

- Active learning
- Lectures
- Discussions
- Presentations
- E-learning
- Blended learning
- Dialogue-based learning

# 10. Evaluation Methods

- In-person
- Online
- Blended learning

| 11. Faculty Members                       |                       |                                 |                |  |  |
|---|-----------------------|---------------------------------|----------------|--|--|
| Academic Rank                             | Specialization        | Requirements/Skills (if any)    | Teaching Staff |  |  |
| Prof. Dr. Abdulwadood Ahmed Khattab       | Physical<br>Education | Psychology / Basketball         | <b>\</b>       |  |  |
| Prof. Dr. Hamoudi<br>Essam Naaman         | Physical<br>Education | Coaching / Handball             | 1              |  |  |
| Prof. Dr. Jassim Abbas<br>Ali             | Physical<br>Education | Sports Psychology /<br>Football | <b>√</b>       |  |  |
| Prof. Dr. Naktal<br>Mazahim Khalil        | Physical<br>Education | Coaching / Handball             | . 1            |  |  |
| Assoc. Prof. Dr. Abdullah Mohammad Tayawi | Physical<br>Education | Coaching / Football             | 1              |  |  |

| Assoc. Prof. Dr. Uday<br>Mahmoud Zahmer    | Physical Education    | Coaching / Basketball                      | 1                  |
|--|-----------------------|--|--------------------|
| Assoc. Prof. Dr. Atef<br>Abdulkhaleq Ahmed | Physical<br>Education | Coaching / Football                        | <b>V</b>           |
| Assoc. Prof. Dr. Ibrahim<br>Faisal Khalaf  | Physical<br>Education | Sports Management / Volleyball             | 1                  |
| Assoc. Prof. Dr. Amjad<br>Hamed Badr       | Physical<br>Education | Measurement and Evaluation / Volleyball    | 1                  |
| Assoc. Prof. Dr. Alaa<br>Jassem Mohammad   | Physical<br>Education | Exercise Physiology / Football             | <b>√</b>           |
| Assoc. Prof. Dr. Son Kol<br>Bilal Murad    | Physical<br>Education | Biomechanics / Handball                    | <b>√</b>           |
| Assoc. Prof. Dr. Ahmad<br>Qahtan Najim     | Physical Education    | Motor Learning / Handball                  | √ - 1              |
| Teacher.Dr. Khaled<br>Mahmoud Raouf        | Physical<br>Education | Sports Management / Football               | <b>V</b>           |
| Teacher.Dr. Mustafa<br>Sabah Jumaa         | Physical<br>Education | Biomechanics / Football                    |                    |
| Teacher.Dr. Marwan Khairou Yaseen          | Physical<br>Education | Measurement and Evaluation / Volleyball    | 1                  |
| Asst. Teacher. Wissam<br>Mahdi Saleh       | Physical Education    | Coaching / Handball                        | <b>√</b>           |
| Asst. Teacher Ahmad<br>Taha Ahmad          | Physical<br>Education | Coaching / Football                        | 1                  |
| Teacher. Firas Qahtan<br>Rajab             | Physical<br>Education | Handball                                   | 14 <b>Pi√</b> 5 46 |
| Asst. Teacher Mohammad Hamid Hussein       | Physical<br>Education | Measurement and<br>Evaluation / Volleyball |                    |
| Asst. Teacher Ammar                        | Physical              | Handball                                   | 1                  |

| Majid Ali                          | Education             |                              |   |
|------------------------------------|-----------------------|------------------------------|---|
| Asst. Teacher. Bushra  Qasim Raouf | Physical<br>Education | Exercise Physiology / Futsal | 1 |

| Professional Development  |
|---|
| Guidance for New Faculty Members  |
| ☐ Providing Necessary Training: New faculty members should receive specialized            |
| training programs that include teaching skills, classroom management,                     |
| communication with students and colleagues, and the use of necessary technological        |
| tools.  |
| ☐ Support and Mentorship: A structured support and mentorship system should be            |
| provided, including guidance from experienced faculty members to help new                 |
| instructors adapt to the work environment and understand institutional policies and       |
| procedures.   |
| ☐ Setting Realistic Goals: Realistic goals should be established for new faculty          |
| members, along with guidance on how to achieve them and develop a sustainable             |
| career path.  |
| ☐ Encouraging Innovation and Creativity: New faculty members should be                    |
| encouraged to think creatively and experiment with new and innovative teaching            |
| methods to improve education quality and enhance student engagement.                      |
| ☐ Enhancing Social and Institutional Integration: New faculty should be                   |
| encouraged to participate in institutional and social activities and events to strengthen |
| their integration into the academic community.  |
| ☐ Providing Regular Feedback and Follow-up: Mechanisms should be in place to              |
| offer periodic feedback and monitor the performance of new faculty members,               |
| enabling them to identify strengths and weaknesses and take necessary actions for         |
| improvement.  |
| ☐ Encouraging Communication and Collaboration: New faculty members should                 |
| be motivated to communicate and collaborate with colleagues, participate in               |

continuous learning opportunities, and share experiences.

□ Providing Professional Development Opportunities: Universities should offer professional development opportunities for new faculty members through training courses, workshops, and participation in conferences and academic symposiums.

Professional Development for Faculty Members

- 1. Training and Workshops: Universities and educational institutions should organize training courses and workshops in various fields, including curriculum development, educational technology, modern teaching techniques, research skills, communication, time management, and stress management.
- 2. Graduate Studies and Research: Faculty members should be encouraged to pursue further studies (Master's and PhD) and participate in various scientific research projects to enhance their skills and improve their teaching and research capabilities.
- 3. Participation in Conferences and Scientific Symposia: Faculty members should attend local and international conferences and academic events to exchange knowledge and experiences, gain new insights, and build professional networks.
- 4. Scientific Publishing: Faculty members should be encouraged to publish their research in peer-reviewed scientific journals and author academic books, enhancing their academic reputation and contributing to knowledge dissemination.
- 5. Participation in Career Development Programs: Universities should offer tailored career development programs for faculty members to improve skills in areas such as communication, leadership, and project management.
- 6. Mentorship and Guidance: Universities should provide mentorship programs to assist faculty members in developing personal career plans and achieving their academic and professional goals.
- 7. Integration of Technology in Education: Training should be provided on using technology in education and developing digital skills to enhance the

8. Collaboration with Industry and Society: Faculty members should be encouraged to collaborate with industry and the local community through research projects, teaching initiatives, and consultations, contributing to their skill development and improving their understanding of market and societal needs.

#### 12. Admission Criteria

- General Admission: Open to graduates of scientific and literary high school branches, constituting 80% of the admission plan.
- Admission for Elite Athletes: Available to graduates of scientific, literary, and vocational studies, comprising 10% of the admission plan.
- Admission for Vocational School Graduates: Comprises 10% of the admission plan.
- Ministry-Nominated Physical Education Teachers: Admission based on nominations from the Ministry of Education (outside the standard admission plan).
- Parallel Education: Admission under a parallel education system (outside the standard admission plan).

# 1313. Key Information Sources about the Program

- Curriculum Textbooks
- Supplementary Books
- Internet and Online Resources
- Extracurricular Activities, Exhibitions, Festivals, and Championships
- Published Research Papers, Dissertations, and Theses
- Iraqi Virtual Scientific Library

# 1414. Program Development Plan

- Theoretical and Practical Instruction: Ensuring a balanced approach between theoretical teaching and practical application across all academic levels.
- Field Visits: Supervising students during their internships and field application stages.
- Research Supervision: Monitoring students throughout the duration of their graduation research projects and scientific report writing.
- Hands-on Learning: Engaging students in real-life educational experiences through scouting camps, sports festivals, and artistic exhibitions.
- Utilization of Educational Aids: Implementing various instructional tools, including models, simulations, illustrations, and electronic presentation technologies.

# Program Skills Plan

Required Learning Outcomes from the Program

|  |  | , |
|--|--|---|
|  |  |   |

| Course Name | Required/Optional | Knowledge (A1 - A4)                      | Skills (B1 - B4)                         | Values (C1 - C4)   |
|-------------|-------------------|--|--|--|
| Football    | Required          | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$     | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$     | 1111   |
| Futsal      | Required          | $\sqrt{,}\sqrt{,}\sqrt{,}$               | $\sqrt{1}, \sqrt{1}, \sqrt{1}, \sqrt{1}$ | $\overrightarrow{}, \overrightarrow{}, \overrightarrow{}, \overrightarrow{}$ |
| Basketball  | Required          | $\sqrt{,}\sqrt{,}\sqrt{,}$               | V, V, V, V                               | 7, 7, 7, 7   |
| Volleyball  | Required          | $\sqrt{1}, \sqrt{1}, \sqrt{1}, \sqrt{1}$ | V. V. V. V                               | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$   |
| Handball    | Required          | $\sqrt{,}\sqrt{,}\sqrt{,}$               | V, V, V, V                               | V. V. V. V   |
| Football    | Required          | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$     | 1, 1, 1, 1                               | V. V. V  |
| Futsal      | Required          | $\sqrt{,}\sqrt{,}\sqrt{,}$               | $\sqrt{,}\sqrt{,}\sqrt{,}$               | $\sqrt{1}, \sqrt{1}, \sqrt{1}$   |
| Basketball  | Required          | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$     | $\sqrt{,}\sqrt{,}\sqrt{,}$               | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$   |
| Volleyball  | Required          | $\sqrt{1}, \sqrt{1}, \sqrt{1}, \sqrt{1}$ | $\sqrt{,}\sqrt{,}\sqrt{,}$               | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$   |
| Football    | Required          | √, √, √, √                               | V. V. V. V                               | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$   |
| Handball    | Required          | 1, 1, 1, 1                               | 1, 1, 1, 1                               | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$   |
| Futsal      | Required          | √, √, √, √                               | V, V, V, V                               | $\sqrt{1}$ , $\sqrt{1}$ , $\sqrt{1}$   |